



**The Eastern Shore Senior Providers Network
(ESSPN)**

**Breakfast and Networking
Friday, September 18, 2009**

at

Delmarva Community Services Center

located at

**2450 Cambridge Beltway (Rt16), Cambridge, MD.
410.221.1900**

(Registration at 8 AM, Breakfast at 8:30 AM, Speaker at 9 AM)

**Robert Hyman will give a participative presentation
Stress Management and Mediation Techniques.**

*He is a former director of Evergreen Cove in Easton
and speaks on the topic to a wide range of audiences.*

Free to current ESSPN Members...All others \$10 donation at the door

Limited Seating - RSVP before September 11th to Sandra Early
sandra.early@verizon.net, 410-643-6288 (o) and 410-739-4716 (c).

Polish your elevator speech and bring your business cards & brochures!

DIRECTIONS

**Directions: Rt. 50 East or West to Cambridge Beltway (Rt.16),
turn South on Cambridge Beltway (Rt.16)
and go 2.7 miles, Center is on the right side.**